



# COBRA Enrollment Form

## Federal COBRA/Cal-COBRA

### INSTRUCTIONS

Please read carefully and provide all applicable information. Your signature is required.  
Return the completed form to your employer.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are Independent Licensees of the Blue Cross Association.

Medical and Dental coverage provided by Anthem Blue Cross and/or Anthem Blue Cross Life and Health Insurance Company.

Vision plans offered by Anthem Blue Cross Life and Health Insurance Company.

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**EMPLOYEE COPY** - Retain the canary copy of this form for your records.

GC4110 6/08

# COBRA Enrollment Form

Effective Date				

Group No.							

- Federal COBRA (medical and/or dental)  
 Cal-COBRA AB1401 (medical only)

## APPLICANT'S PERSONAL INFORMATION

Last Name (Print)					First Name (Print)					M.I.	<input type="checkbox"/> Male <input type="checkbox"/> Female
Street Address					City					State	ZIP Code
Telephone No. (    )    -			Dept. No.		E-mail Address						

## APPLICANT'S LANGUAGE PREFERENCE

When information is sent to you, we may be able to send it to you in a language other than English. What language would you prefer? (Optional)

English     Spanish     Chinese     Korean     Japanese     Tagalog     Vietnamese     Khmer     Hmong     Farsi  
 Arabic     Armenian     Russian     Other \_\_\_\_\_

## EMPLOYEE & FAMILY INFORMATION - Please list below the family members that were covered under your previous

	Last Name	First Name	M.I.	Sex	Birthdate Mo/Day/Yr	Age	Social Security No.
Self	Same as above	Same as above					
<input type="checkbox"/> Spouse <input type="checkbox"/> Domestic Partner				<input type="checkbox"/> M <input type="checkbox"/> F			
Child				<input type="checkbox"/> M <input type="checkbox"/> F			
Child				<input type="checkbox"/> M <input type="checkbox"/> F			
Child				<input type="checkbox"/> M <input type="checkbox"/> F			
Child				<input type="checkbox"/> M <input type="checkbox"/> F			

To be eligible as a Domestic Partner, the Subscriber and Domestic Partner must have properly filed a Declaration of Domestic Partnership with the California Secretary of State pursuant to

## DO YOU OR YOUR DEPENDENTS HAVE OTHER HEALTH CARE COVERAGE? If yes, please complete this section including

	Last Name	First Name	Name and Address of Other Insurance Carrier
Self			
<input type="checkbox"/> Spouse <input type="checkbox"/> Domestic Partner			
Dependent No. 1 Above			
Dependent No. 2 Above			
Dependent No. 3 Above			
Dependent No. 4 Above			

**TYPE OF COVERAGE:** Select the existing benefits you wish to continue:

**Medical**

**Anthem Blue Cross plans:**

HMO (CaliforniaCare)\*

Preferred HMO (CaliforniaCare PLUS)\*

Power Advantage HMO\*

Select HMO\*

PPO (Prudent Buyer)

EPO (Prudent Buyer Exclusive)

POS (Blue Cross Plus)\*

Other \_\_\_\_\_

**Anthem Blue Cross Life and Health Insurance Company plans:**

Power CareAdvocate PPO

Power Select PPO

BC PPO (non-California resident)

BC Exclusive (non-California resident)

BC Power CareAdvocate PPO (non-California resident)

Lumenos® (select one of the following)

H.S.A.\*\*  H.R.A.  H.I.A.  H.I.A. Plus

Medicare

**Dental**

**Anthem Blue Cross plans:**

Dental Net\*

Choice Dental (select one of the following)

Dental Net\*  PPO Dental

**Anthem Blue Cross Life and Health Insurance Company plans:**

Dental Blue (select one of the following)

100  200  300  Complete

PPO Dental  National Dental PPO

Voluntary PPO  National Voluntary PPO

Other \_\_\_\_\_

\* Indicate Medical Group/IPA No. in the *Employee & Family Information* section below.

\*\* Anthem Blue Cross will facilitate the opening of a Health Savings Account in your name, if directed by your employer.

\* Indicate Dental Office No. in the *Employee & Family* section

**Vision**  Blue View Vision (offered by Anthem Blue Cross Life and Health Insurance Company)

COBRA coverage includes:  Employee Only  Employee and Dependent(s)  Dependent(s) Only

If Enrollee is not (former) employee: \_\_\_\_\_ Employee Name \_\_\_\_\_ Employee's Social Security No. \_\_\_\_\_

**Children's group health plan that you wish to continue coverage under either Federal COBRA or Cal-COBRA.**

		Coverage	Medical Group/IPA No.	Anthem Blue Cross HMO IPA Primary Care Physician Code	Is this your current MD?	Dental Office No.
If children are age 19 or over you must check the appropriate boxes below		<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	
Qualifies as IRS Dependent	Full-time Student	<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medical <input type="checkbox"/> Dental <input type="checkbox"/> Vision			<input type="checkbox"/> Yes <input type="checkbox"/> No	

ant to the California Family Code, or have properly filed an equivalent document in accordance with the laws of another jurisdiction recognizing the creation of domestic partnerships.

**Continuing Medicare (if applicable) MEDICARE SECTION**

Effective Date Mo/Day/Yr	Group Number	Are you retired? ..... <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes for Medicare for you and/or your Dependent(s), please provide your and/or their HIB number and indicate the entitlement reason and Medicare eligibility date for yourself and/or your Dependent(s).
		If yes ..... Part A .... <input type="checkbox"/> Yes <input type="checkbox"/> No Part B .... <input type="checkbox"/> Yes <input type="checkbox"/> No	
		Do you or your Dependents have Medicare? ..... <input type="checkbox"/> Yes <input type="checkbox"/> No	HIB No. _____
		If yes for your dependent Part A .... <input type="checkbox"/> Yes <input type="checkbox"/> No Part B .... <input type="checkbox"/> Yes <input type="checkbox"/> No	Entitlement Reason: <input type="checkbox"/> Over 65 <input type="checkbox"/> Disabled <input type="checkbox"/> ESRD
		Name(s) of Medicare Dependents: _____	Effective Date of Medicare: ____ / ____ / ____
		_____	Name _____
		_____	HIB No. _____
		_____	Entitlement Reason: <input type="checkbox"/> Over 65 <input type="checkbox"/> Disabled <input type="checkbox"/> ESRD
		_____	Effective Date of Medicare: ____ / ____ / ____
		_____	Name _____

## CONTINUATION OF GROUP HEALTH COVERAGE

I attest by signing below that I have reviewed the information provided on this application and to the best of my knowledge and belief, it is true and accurate with no omissions or misstatements.

You may continue your health care coverage by: 1) completing the remainder of this form; 2) signing your name in the blank space below; 3) paying your Total Monthly Continuation Payment; and 4) mailing this form to Anthem Blue Cross, no later than sixty (60) days after the date you receive this notice. If you fail to choose COBRA Continuation Coverage within sixty (60) days after the date you receive this notice, your qualification for coverage will end. If you do choose COBRA Continuation Coverage, your current coverage will be continued until the earliest of the following dates:

- (1) The date eligibility for COBRA Continuation Coverage ends, or
- (2) The date you fail to make timely payments of your premium for COBRA Continuation Coverage, or
- (3) The date your employer discontinues coverage with Anthem Blue Cross, or
- (4) The date you become entitled to Medicare on the basis of age (65 years), or the date thirty (30) months after you become entitled to Medicare on the basis of end stage renal disease, or
- (5) The date you become covered under another group health plan as a result of employment, re-employment, remarriage, or otherwise, unless that other group health plan contains an exclusion or limitation for a pre-existing condition for which you are covered under your current coverage with Anthem Blue Cross. In such a case, the date on which you would lose eligibility for Continuation Coverage with Anthem Blue Cross is the date full coverage becomes available to you under the other plan, without limitations or exclusions for pre-existing conditions.

If, at any time during the first sixty (60) days of your COBRA Continuation Coverage, you are determined under Title II or XVI of the United States Social Security Act to be disabled, you may be entitled to continue coverage while you are disabled for up to 29 months from the date you first qualified for Continuation Coverage under COBRA. Contact the Health Plan Administrator at your previous employer for full information.

The Monthly Continuation Payment is the cost of continued coverage for the month beginning on the date after the Date of Loss of Coverage. If you do not pay your initial monthly premium within 45 days after your election of COBRA Continuation Coverage, or if payment of succeeding premiums are not received within the 30-day grace period thereafter, your coverage will end.

**Note: If you do not elect available COBRA Continuation of Medical Coverage, you will lose certain rights under federal law (HIPAA) to guaranteed issue individual coverage.**

**NON-PARTICIPATING PROVIDER:** I understand that I am responsible for a greater portion of my medical costs when I use a non-participating provider.

### REQUIREMENT FOR BINDING ARBITRATION

The following provision does not apply to class actions:

**IF YOU ARE APPLYING FOR COVERAGE, PLEASE NOTE THAT ANTHEM BLUE CROSS AND ANTHEM BLUE CROSS LIFE AND HEALTH INSURANCE COMPANY REQUIRE BINDING ARBITRATION TO SETTLE ALL DISPUTES INCLUDING BUT NOT LIMITED TO DISPUTES RELATING TO THE DELIVERY OF SERVICE UNDER THE PLAN OR ANY OTHER ISSUES RELATED TO THE PLAN AND CLAIMS OF MEDICAL MALPRACTICE, IF THE AMOUNT IN DISPUTE EXCEEDS THE JURISDICTIONAL LIMIT OF SMALL CLAIMS COURT. California Health and Safety Code Section 1363.1 and Insurance Code Section 10123.19 require specified disclosures in this regard, including the following notice: "It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration." THIS MEANS THAT YOU AND ANTHEM BLUE CROSS AND/OR ANTHEM BLUE CROSS LIFE AND HEALTH INSURANCE COMPANY ARE WAIVING THE RIGHT TO A JURY TRIAL FOR BOTH MEDICAL MALPRACTICE CLAIMS, AND ANY OTHER DISPUTES INCLUDING DISPUTES RELATING TO THE DELIVERY OF SERVICE UNDER THE PLAN OR ANY OTHER ISSUES RELATED TO THE PLAN.**

**Signature (Required)**

Applicant	Date
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**ANTHEM BLUE CROSS AND ANTHEM BLUE CROSS LIFE AND HEALTH INSURANCE COMPANY ARE NOT YOUR COBRA ADMINISTRATOR. FOR QUESTIONS OR CONCERNS ABOUT YOUR COVERAGE, PLEASE CONTACT THE HEALTH PLAN ADMINISTRATOR AT YOUR PREVIOUS EMPLOYER.**

### GROUP PLAN INFORMATION TO BE COMPLETED BY EMPLOYER AT THE TIME COBRA NOTICE IS PROVIDED TO ENROLLEE

Company Name	Group Number(s)
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**Employee:**

Termination of employment       Reduction of employee's work hours

Benefits terminated or reduced within one year before or after retired employee's employer filing for bankruptcy under Chapter 11, if plan provides benefits for retirees.

**Family Member:**

Death of the employee       Divorce or legal separation from employee       Loss of dependent child eligibility

Employee's entitlement to Medicare

Benefits terminated or reduced within one year before or after retired employee's employer filing bankruptcy, if plan provides benefits for retirees.

Date of Federal COBRA Qualifying Event	Date of Loss of Coverage	Date When Federal COBRA Continued Coverage Ends	Date Notice Given
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Enrollee's Initials Upon Receipt of Notice	Cal-COBRA Effective Date	Date When Cal-COBRA Coverage Ends
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Signature <b>X</b>	Title of Plan Holder Representative	Telephone No.
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